In the second rite, in addition to what you have setup, a mirror and two of the following color candles: violet, blue, green, yellow, red, and black. This is not a group rite but for you alone. Begin this rite the same way you did the first rite, by clearing the four points of the room. Setup the bowl of water and a mirror directly behind it. You will use four candles placed upon the Night Altar, one on each corner. The two closest to you will be black candles. The other two candles' colors depend upon what you are trying to accomplish. When this rite is properly setup and performed, you will be able to see your Guides and Teacher and to receive answers to questions you put before them. The color combination of the candles is very important.

If you wish to have questions answered by no one in particular, then a blue and red candle are used. Another strong color combination you can use is red and violet. To contact your Night Teacher, the color combination must match their personal harmony and frequency. There is a chart located in Appendix B which will give you the proper color combination for the various Night Teachers I speak of in this work. For those Night Teachers not listed or if you're not sure who yours is, then you can use the blue and red candle combination to find out and also their specific color combination to be used in this rite. Here is how to use this rite.

Be sure you have cleared the four points in the room and have surrounded yourself in the Night Pillar. Otherwise, you will attract the wrong force. Setup the bowl of water with the black candles in front and the other two in the rear, (make sure that the four candles can be seen in the mirror), and the mirror directly behind the bowl. Light the candles and your ready to begin. Meditate upon your Teacher and Guides and upon the fixtures in front of you. Be sure to get comfortable, surround yourself in the Pillar of Protection, and relax with Night Breathing. Sit directly in front of the Night Altar, such that, you will see the top and surface of the water in the mirror. The reflection you should see in the mirror, is the surface of the water and the candles. The candles will form a figure 8. The faces of the Teacher, or Guides, will appear in the reflection of the water in the mirror,

or just above the actual bowl. If at anytime you should start to lose the vibration, stand up and again clear the four points and begin at another time. Not only will the faces appear in the mirror but also images that will answer your questions. It is also possible that you will hear the voice of the Teacher from the image that appears. This is very much akin to picture telephones. Your mind should be free of mental garbage and worries. You should also be in good overall health. If you seem to fail at first then you know that you are making true progress. As with anything, you must practice over and over again to achieve true results. If you do so, then you'll achieve the highest results. You have learned so much about the Astral Realm. But wouldn't it be great if you could go there and see it for yourself? Well if your ready, just turn the page and you'll be on your way.

29. Night Projection

Perhaps a more familiar term for what you are about to study is Astral Projection or traveling. The word "Astral" is derived from the Latin and Greek language which means "of the stars". You learned in the beginning of this chapter on Water Magick, that the Astral Body interpenetrates the physical body. Your consciousness resides in the physical body during the day and by night, when your physical body sleeps, your consciousness resides in the Astral Body. People don't remember what takes place during their Astral sojourns because they believe that this physical world is the only true reality, and so their mind rationalizes what they have seen in the Astral Realm into a distorted dream. But if you truly believe that the Astral Realm exists and that you can go there then you will remember what you have seen and done in the Astral Realm and remember it upon awakening. Yet, you can go beyond dreaming and actually travel there. You can bring back your experiences in the Astral Realm. You can do this by learning, consciously, to project yourself into the Astral Realm. This is Astral or Night Projection.

To begin with, in learning to Night Project consciously, you must learn to have no fear. Fear is the greatest destroyer of good results in this work. Fear will prevent you from accomplishing anything in Night Magick. So do not be afraid to Night Project. You can not get lost while you reside in the

Astral Realm. The physical body is firmly attached to the Astral Body by the silver cord. No matter where you travel in the Astral Realm, whenever you wish to return to the physical body, simply think of yourself there, and you will do so. Why would you want to travel in the Astral, in the first place?

To begin with you could see how well you're doing so far in your sojourn on Earth. You can meet face-to-face with your Guides and Teacher and receive first hand instruction on how to solve certain problems. You can receive instruction on how to better your life and access the lessons you have learned so far. You can also travel anywhere on the Earth plane you wish to. You can see great libraries and be able to read the books contained therein. You could see museums and other places of interest. There is no limit to the things you can do while Night Projecting. But be warned if you try to go somewhere and invade another's privacy. You are liable to receive an "astral shock" and get slammed back into your body with a terrific headache. Although the person you visited may not be able to physically see you their subconscious will be able to do so and send a strong astral blow to your Astral Body. Its best if you don't go where you intuit you shouldn't go. Without fear and listening to your Oversoul for guidance your ready to Night Project.

First, you should watch your diet before Night Projecting. Try to eat as little fried food as possible. Do not travel on a full stomach. You won't get anywhere if you are uncomfortable because your stomach is full and in the process of digestion. For about a week prior to actually projecting you should prepare yourself mentally by repeating the following invocation, four times daily. Do it once in the morning, noon, evening, and before going to bed. The invocation is, "On this day ___, I am going to Night Project. I am going to travel in the Astral Realm and remember all that I see and do. I will recall all of this after I have returned to my body. This I will do and won't fail." On the day you have selected to Night Project be sure and have as peaceful and quiet a day as possible. You must try and keep your mind on the subject of Night Projecting all that day. You must look forward to going

to bed that night with the intentions of traveling in the Astral Realm. Now, you need to learn to relax before projecting.

Many will say this is easy for them to do, but actually this is not true. True relaxation is an art and must be practiced to be mastered. To begin Night Projection, you must be fully relaxed. There must not be a tense nerve or muscle in your entire body. When you lay down to project, the room must be just right, being neither too cold, or hot, if you are to achieve true relaxation. To assist relaxing and projecting, darken the room and secure it from entry by anyone else. In no way should there be any way that you can be disturbed. If you are touched, while traveling, this could cause harm to your physical body. Further, no one should attempt to try Night Projection if they are prone to heart trouble. This is not to scare anyone, but the body should be in good health. You should not cover yourself with heavy bedding for this will interfere with relaxation and projecting. If you're ready to relax, then let's begin.

Turn your consciousness upon your toes. Concentrate mentally on them and see them relaxing. See all the tension leaving the toes. Next, work on the foot and see all tension leaving it. Do this all the way up one leg and then do it for the other leg. Do not go on till there is no tension or tightness in any part of your lower extremities. Then move on to the pelvic region and do the same relaxation technique. Then do the arms and each finger, individually, till you feel calm and relaxed. The stomach and chest region are next, then on up the neck and finally, the head region. Relax the jaw and forehead. Relax each part thoroughly before going to the next part. Once you have accomplished this, it is time to relax the mind.

In order to relax your mind, allow your thoughts to dwell on a beautiful day with billowy clouds in the sky. Take your thoughts and place them on one of those beautiful dark clouds. Just relax and drift on the cloud and let your mind forget all its worries. Think of nothing else but the deep sensation of peace and floating on the cloud. At this point your eyes should be closed. Relax your thoughts and for a few moments try to think of nothing. In Night Projection, you are where your thoughts are.

The Astral Body looks somewhat like your own physical body so picture it floating about three feet above you. You must know that you're actually floating above your physical body. Relax, do not force the process, do not strain or induce tenseness in the physical body, and above all, do not jerk.
If your body jerks, then you will find that you will have to wait till the next night to try again. You will feel a floating sensation and a gentle sense of rising. This is great! If you don't jerk, then you will find that you will continue to float and rise, so carefully, open your eyes. You will have found that you have floated up and away from your physical body. If you want to view your room then you can do so by just thinking of doing so, but be careful. The experience is something akin to hearing your voice for the first time on the tape recorder. It will be quite a shock and you'll hardly believe it's your body. Some have become so startled that they have returned to their bodies with a shock. Do not be startled or afraid. Just relax as you float there and get used to the sensation of your new body. You will find that you are naked. If you will think of clothes, then you will be dressed, but remember to put that thought away in a corner of your mind in order to remain dressed. Slowly, "will" yourself to settle back to the floor.
What will you do next?

For the first night, it is best that you go straight to the Astral Realm. All you need do is think of being there and you will do so. Wherever you want to be your thoughts will take you. If you will go to the Astral Realm first, and thereafter spend a little time in the Astral before doing other things on the Earth plane, you will never have trouble getting out of the physical body again. You will also receive a tremendous magickal recharge by visiting the Astral Realm. When you want to return simply think of your physical body and you will be there. Now, you must return slowly, and carefully, back into your body.

It is essential that you do this slowly. Have you ever had a dream where you felt yourself suddenly falling and woke up with a start. This is what happens

when you return too fast into your physical body. It is essential to align the two bodies up correctly, or you will suffer from a headache. If this happens, simply fall back to sleep and when you awaken the alignment process will have occurred naturally and the headache will be gone. On reentry, you will feel as if you are returning to a very dense and cold body. It won't be the most comfortable experience in your life. But this shows you how much more crude and slower a rate of vibration the physical body really is. There, you have Night Projected. Let's examine another technique for projecting yourself out of your physical body.

Again relax fully and make sure that there are no rough edges disturbing your body and distracting you. Have your eyes closed and roll them up so that, in effect, you are looking somewhere up at the top of your forehead. Do not create eyestrain though. Breathe regularly, rhythmically, and deeply then forget all about your breathing. Turn your conscious awareness towards your third Night Center which is located over the solar plexus, or navel area. It is from this area that the Astral Body leaves the physical body. Visualize your Astral Body slowly starting to leave your physical body. Picture the third Night Center like a window through which the Astral is going to leave. See the Astral as a cloud-like figure, shaped similarly to the physical body, and slowly rising up and floating about six feet above the physical form. At this point any one of the following might happen: 1) again you might jerk and return to your body and so on another night you'll have to try again, 2) you'll feel a tingling or numbness in your physical body which is a good sign, but which you should ignore. From here, you will feel a rigidity or stiffness come over the body and you will not be able to move. DON'T PANIC! This is an excellent sign of progress. You will be able to see as if through your eyelids and the surroundings will be bathed in a soft light, if you remain calm, you will begin to feel a slight swaying and out you'll move into the Astral Realm. You will see things in very vivid colors and with remarkable clarity, 3) you may feel a swaying motion and then experience the feeling as if going through a dark tunnel, at the end of which is a bright light. At the end of the tunnel you will pass through a curtain of brilliant

colored drops and then, suddenly you will be in the Astral World. Night Projection is a very beautiful experience.

Have no fear and you will have no problems. Don't be discouraged if, at first, you don't succeed. Nothing ever comes too easy in life but must be worked at with great patience and diligence. Never talk about your travels except to help others. Use it to grow magickally on the road of Night Magick. Remain always in the Shadow of your Night Teacher as you travel in the Greater Realms. You have come to the end of another chapter in Night Magick.

It was a chapter filled with the wonders of Water Magick and the Astral Realm. You have come to know the Realm, intimately, and even how to travel in it while still living in a physical body. You have explored the secret uses of water. You have learned secrets about your physical and Astral bodies and the inner power contained within them. You can look at others now and know their thoughts and emotions by the use of your Night Eye. You have met the Goddess Diane and perhaps most importantly, you have come to know that you are never alone in this world. That your love ones and friends are just in the next Realm always waiting to help you if you will let them. Yet, for the moment, you must leave the beauty of the Astral Realm and the lore of Water Magick and enter into a higher and even more exciting phase of Night Magick. This is the Mental Realm and the lore of Air Magick.

CHAPTER VI

AIR MAGICK

30. The Mental Realm

As you travel on the road of Night Magick and endeavor to become a Night Magician, you first had to gain some mastery over your physical and emotional selves. This is a long process and may take many lives to accomplish. But as you begin to achieve that mastery, you will continue down the road towards Night Consciousness. Now you will travel the third portion of the road towards self-mastery. You enter the Realm of Mind.

As you found with the Astral Realm, the Mental Realm is composed of varying levels of vibration. It would be wise to examine, in brief, these different vibrations and their interrelationship. Let's begin with the highest realm and work our way down to the lowest level.

The Void is the highest level that can be reached. It is the level where we are all united in Mind as One. Here, all are One. This is the level of knowing. Here, you do not think for all is known. Here all ideas exist, all things are known, and you as the Spirit are the Knower. This is the level of Pure Mind, the Void Mind, the sum of all. This mind essence interpenetrates all and is accessible to all who are in vibration with it. This is the ultimate level all must someday reach. You must be the Knower. The Godsoul Mind is the next level.

This is the level of original mind. Here all minds are as one yet there is individuality. This is the level of highest individual mind. Here is the origin of the archetypes of mind. The Oversoul Mind is the next level.

This is the level of the Higher Mind. From out of the Godsoul Mind, ideas that exist become manifest in this world. Here, you find all joined in the Oversoul Mind. There is Oneness in thought and consciousness. The Oversoul Thought first creates, using the ideas drawn from the Godsoul Mind and the mind substance of the Oversoul Realm. Here, you are the Oversoul in Thought and Action, the Creator. Now you enter the physical world of thought and mind.

You may believe you know this world. Actually, your thoughts and consciousness are much more then you realize. You will remember that your emotions were tied into your emotional or Astral Body. Your thoughts and consciousness are the same and make up the Mental Body. It is through your Mental Body that you think and have consciousness on the physical plane. But in order for the physical body to be tied into this Mental Body, there must be a physical link and this is the brain. Many believe that it is the brain that actually does the thinking, but the brain is actually a receiving

station. It takes the Mental energies sent to it, by the Mental Body, and translates it into action in the physical body. Your brain is attuned to the wavelength of your Mental Body. Your brain and Mental Body produces an electromagnetic current through its activities, and thus, also produces a Mental Aura which is akin to your Astral Aura. To see these energies, you would have to develop your Night Eye to a greater degree then you had when you saw the Astral energies. I discussed earlier how the Oversoul is directly linked to the physical body via the silver cord into the heart region. The silver cord is also directly linked to the brain region. Thus your thoughts are always monitored and acted upon by your Oversoul. Your Oversoul in order to experience the physical world must build-up physical counterparts to its Magickal Being.

So in the beginning of the Oversoul's physical sojourn, the mind substance of the Mental Body is undeveloped. But as time in this world and the others passes, the physical mind develops and slowly becomes refined. Life after life, you come to this plane trying to develop your physical consciousness into one with your Oversoul consciousness. Although the Oversoul can influence the Mental Body if the Mental Body does not listen then there is little that the Oversoul can do. The majority of the world does not listen to the Oversoul. Therefore the Oversoul withdraws into its own realm and remains there until the Lower Mind calls upon it for assistance and tries to listen and follow its will. This is what you are trying to do. So, as you move farther into this chapter on Air Magick, you will encounter exercises, rites, and the use of your Night Magician's Tools and Weapons, in order to develop your mind. You will take your mind through the tests of self-mastery in order to become a Night Magician. Your first rite in Air Magick will give you the link between the air and your mind.

31. Air Rite

The Ancient Ones compared the element of air to that of the mind. The Ancient Mysteries, likewise, showed that the mental faculties could be compared to the aerial regions. It is my intention to introduce a rite that will greatly benefit the mind and its faculties. The rite puts together two elements: your mind and the air. I will show you how your mental powers can be enhanced through a special form of breathing.

You will remember in the topic on Night Breathing that it was through very deep breathing that your health could be improved and for many, breathing is very shallow. In the Air Rite, you are going to use deep breathing but it is going to be based on a particular breathing rate. Instead of just breathing in and out rhythmically, you will breathe in and hold the breath for so long, and then breathe out and then, again, hold your breath. Great benefit can be derived by such. Before you begin, I want to make it clear that this is serious business and not a game. Please, DO NOT deviate from the set pattern that is about to be described. To do so can be very hazardous to your health.

To begin with, you must sit or lie down so that you are very comfortable. Then, you want to become very relaxed and reduce all the tenseness possible in your body. Then, you will need to cross your ankles and wrists to build-up the energy from your breathing. If you have done all of this, then you are ready to begin with the breathing. To start with, you will do three complete deep breathing exercises. If you have forgotten how, then here is a quick review.

Inhale as deep a breath as possible pushing the diaphragm out as far as possible. When you feel you have taken in all the air possible, take in just a bit more air. Then exhale the air very steadily and completely bringing in the diaphragm and abdomen as far as possible. You want to really empty your lungs. After you have done this, you are ready to do the timed breathing.

Timed breathing means you are going to breathe in for so many seconds, then hold your breath for so many seconds, then exhale so many seconds, and again hold your breath for so many seconds. In the Air Rite, you are going to begin by inhaling for five seconds, hold your breath for ten seconds, exhale for ten seconds, and hold your breath for seven to ten seconds. You are going to repeat the entire process ten times. There are certain precautions you must take in doing this rite.

You must not do it if you are in poor health. You must stop doing it if for any reason you are feeling dizzy or light headed. If you persist in doing it past these warning signals then you are likely to pass out. You must not strain yourself in doing this rite. There should be absolutely no force on your part to maintain the pattern of breathing. If there is, then you need to reduce the number of seconds that you hold your breath. If you do the rite correctly then the benefits are tremendous.

You will find that your mental health will be tremendous. You will feel relieved of all tension and mental strain. You will feel extra charged with new mental power. This is an excellent rite to use before and after any of the mental exercises in Air Magick. If you need added mental power for long periods of study or for increased memory then this rite will greatly increase both. If your world is filled with mental demands, then this rite is best practiced several times a day. It is especially good to use it when you feel the least mentally drained. You can see that there is a very close relationship to the air you breathe and your mental faculties. It is all based on the right use of your breathing patterns. You should remember to be relaxed and not to strain when you use the Air Rite. Further, you must not play around with different patterns of timed breathing if you don't want to hurt yourself. You should always use this rite to the benefit of your good health. By now, you should be mentally charged up and ready to explore the power of your mind.

32. Power of Thought

As the title suggests, there is power in your thoughts. You probably have never thought of your thoughts as containing any kind of power but they do. Much of Mental Magick requires your understanding of the Mental Realm and how to increase the powers of your mind. Here I will discuss briefly the Mental Realm and begin your development of a more powerful Mental Body.

When you die to the physical plane you move first to the Astral Realm. After

reviewing your past life and lives, you then receive guidance as to what to do next. If you are of a higher vibration then that of the Astral Realm, then you may leave, or die to, the Astral and go on to the Mental Realm. It is here in the Mental Realm that all ideas are first brought forth in created form. It is a world of thought and creation through thought. The great creations, inventions, social ideas, and art that are in the world today were originally created in this mind world and released into the physical world. Here, in the physical world, a receptive individual is able to tune into these thought patterns and create from them on the physical level. Thought creation is the work of the Great Beings who live upon this Mental World. They create in thought great things that will enhance the physical world. This leads to your relationship with the Mental World.

There was some very significant information in that last paragraph that you can carry over into your world here in the physical, in regards to thought power. The Beings who live in the Mental Realm first perceive the idea, then they picture the idea, and then they give the idea form and send it into the physical world. You do the very same thing all the time, but without very much effort or concentration. You often get an idea of something that you want, but that's usually where it all ends. You may think about it once in a while and hope you will get it, but only sporadically. If you look at the Mental Realm around you and examine its properties and how it works, then you will see why thoughts can have power.

In this material world of ours, if you want to create something you must use some physical means to do so. This means is usually by way of your hands. In the Mental Realm, your material, so to speak, that you create with is the etherial Mental energies. The tool with which you create with is your thought. By applying a strong, concentrated, and continuous thought directed at the Mental energies, you can create a Thought Form. That is, your thoughts take on a form imbued with the qualities of your thoughts. If you continue to add more thought power to this form, it will eventually materialize into your material world. Whatever the thought is programmed to do, it will happen here on Earth. So if you wanted a forty foot yacht, then

that is what would eventually come into your possession. If the thought was
that of a specific healing for someone, then the thought would go forth and
heal. Now, before you go and rush off and start wishing for this and that,
let's look at a few more facts.

You just can't sit down and start wishing. You do that all the time. There
is a certain way that this must be done. Next, you must build-up your powers
of observation, concentration, memory, and visualization. The meditation
that you have been doing, hopefully all along, is important too. In topic
forty, you will learn how to create through thought. It may seem that you
are a long way from getting to topic forty, but please don't jump the topics
in between this one and forty. You will, first, have to develop those powers
of the mind, through the exercises that follow shortly. The exercises must be
practiced faithfully, and for as long as it takes to master them. Further,
each topic that follows, up to number forty, will further enhance your mental
abilities and prepare you for topic forty. Now, let's get to those exercises.

Exercise #1, Observation. There aren't too many who can at the end of the day
recall what they did step-by-step. Yet, this is part of your observation
training. In the evening, sit down and recall the day the best that you can.
At first, this may not be as easy as it sounds. Then, take this one stage
further, and at the end of the week, say on Saturday, again sit down and
recall the entire week in as much detail as possible. Visualize, or picture,
the people you met, things that you did, and things said. Another observation
exercise you can do is to enter a room quickly and, for say thirty seconds,
look around the room and then shut your eyes and recall as many objects as
possible. You can do this in the outdoors, too. For example, while walking
down the sidewalk, or in the park, observe what's around you and then stop
and close your eyes and recall all the details of your surroundings that you
have just passed. If you will study these examples, then perhaps you can go

on to create more observation exercise for yourself.

Exercise #2, Concentration. To begin with, do some mental arithmetic. On your mental blackboard, begin by adding a row of numbers. Write down the numbers on a sheet of paper and then close your eyes and see those numbers on your board. Then, add them mentally, and when you have the answer write it down and then do it on paper. Next, multiply some numbers and, also, do some division. At first, you will be able to use only simple numbers, but as your concentration develops, you will be able to do more and more complicated problems. Another concentration exercise you might use is to concentrate on NOT thinking. That's right! You are going to get very quiet in your Magician's Study, with the curtains drawn, and you are going to picture your mental blackboard and you are going to keep it blank. You are going to cease thinking of anything. Concentrate on doing this. It is not easy, for thoughts will do their best to creep in, but you must concentrate and not permit them to do so. Do this for about ten minutes to begin with, and then gradually lengthen the time per sitting. Exercise #3, Memory. Begin by picking your favorite passage from a book or poet and selecting five or six lines from it. Then memorize them. Constantly create new memory games that will exercise your power of memory. Acquire a booklet that gives you some material to study, and provides you with a test that will see just how much you have been able to retain of the material. Make a list of ten people, places, or things and then recall them forward and backward. Gradually increase the number of items on your list.

Exercise #4, Visualization. A phrase that you might select to mean the same as the word visualization is, "to picture with the mind's eye". You are going to create an image of something in your mind. Begin this exercise by thinking of someone you know and then picturing what that person looks like. Get this image in your mind's eye so real, that it seems to be right there in front of you. An aid that you might use is to get a photograph of the person and then study it for a minute and then do your visualization. Next, you might try, while walking down the sidewalk and coming towards someone, to study their face carefully and after they have passed you, recall their face in your mind's eye. Don't just use people as subjects. If you can think of

objects, or animals, that will be great, too. But when you visualize these people, or whatever you choose, see them in clear detail and always in color.
These are the four exercises that will set your feet definitely on the path of acquiring mastery over your mind. In all these exercises do them no more then about fifteen minutes each. You should do them all, at least, once a day. You might want to separate them, doing some exercises during the day and others when you are at home at night. Continue to practice these exercises for the rest of your sojourn here on Earth.

Practice these with patience and determination and you will gain mental mastery. You will be on your way to being able to have great success with creative visualization. An important part of the Mental Realm involves the Silent Magician who you'll meet next.

33. Your Silent Magician

You have just come from looking at your Mental Body and knowing that it is your physical consciousness. But actually, your Mental Body is much, much more. Your Mental Body also contains that part of your consciousness which is called the Subconscious Mind. How much of your consciousness is composed of the Subconscious? Would you believe, almost all of it? That's right! You actually use only a very small fraction of your total mental capacity.
What about geniuses, you ask? They only use a part of a fraction more then do the rest of us. To get some idea of how small your mental capacity is, in relation to the whole, let's first imagine a fifty-five gallon drum.

It's empty right now, but if you were going to fill it with water, representing your physical consciousness, how much water would it take? Well, believe it or not, it would take only about five gallons. The rest of the space comprises your Subconscious Mind. As you can see, your Subconscious is a mental giant. Just imagine what would happen if you could tap into this great source of mental power. You are going to learn to do this in just a little while. But first, you must become more familiar with the Subconscious Mind and the role it plays in your life.

You could actually name the Subconscious Mind, your "Silent Witness". For indeed, that is what your Subconscious does. It witnesses all that you do.
It is able to remember all that you have ever done in this lifetime and what's more, it contains the memories from all your lives here on Earth and
sojourns in the otherworlds. Why can't you remember them then?

This is because there is an energy screen between yourself and the Subconscious. This screen is there for several reasons. First, this screen
prevents you from tampering with the Subconscious Mind. For most people memories of past lives should remain off limits. Therefore, you have this screen which prevents you from directly learning what is stored in your Subconscious. To know your past lives may seem, at first, important, but really it's not. What if in a past life you were a murderer or a robber? Could you handle this information? Some say, that they would like to search
into the Subconscious Mind and know why they have returned to this world and
learn what it is they came here for. But if you find this out, and concentrate so hard on accomplishing this one thing, that you might, inadvertently, overlook something else which will cause you to have to come
back down here. Actually, knowing your past lives, and why you came down here, is really unnecessary. What's really important is that you live this
life to your very best. That each, and every day, you do the very best that
you can and give life your very best effort. If you do this, then when you
reach the other side you can say, you did your very best, and that is all anyone can ask.

Second, unlike your physical consciousness, your Subconscious hasn't the ability to discriminate between Truth and untruth. The Subconscious simply takes all information given to it by the physical consciousness and records
it. The energy screen allows you time to hash over a problem, discerning what's right and what's wrong, and when you have come up with the right answer, or what seems right to you, your Subconscious then incorporates that
into its storage banks. The screen prevents data from leaving your conscious
mind, too soon, and entering the Subconscious. So, you know that your Subconscious Mind is the storage house for all that you have ever done. You
also know that it is not able to discern between Truth and untruth, but there
is more. It will store whatever you know to be Truth. From this you can determine that your Subconscious is unable to reason, that is, unable to form
conclusions or make judgments. The Subconscious is not logical. Yet, your

Subconscious Mind plays a big role in your life. The biggest role it plays is to function as a relay between you, the physical consciousness, and your Oversoul.

Your Oversoul receives information on your progress down here on Earth from your Subconscious Mind and the Oversoul relays information and directives to your Subconscious, who then puts them into action in your life. This is an important aspect which I will expand on a little later. Your Subconscious Mind is also in link with all other Subconscious Minds. Your Subconscious Mind is able to tap in with any other Subconscious Mind, and they are able to pool information. So, if you were able to communicate with your Subconscious Mind directly, you would be able to find out from it information about anything that you needed to know. Your Subconscious has direct links with both your Oversoul and with all other Subconscious Minds. But communication with your Subconscious Mind is not an easy thing to do.

You can see by all the things your Subconscious Mind is involved in, that it is a very busy entity. Getting its attention is the task at hand. What would you do, if you were trying to get the attention of your next-door neighbor who is very busy in their house and who has never been disturbed before? You would go next-door, and knock, and call out their name, until someone answered. You are going to use a similar procedure with your Subconscious Mind. First, before you start knocking on your Subconscious Mind's door, your going to do a little visualization.

In your mind's eye, view a large room with storage files and computer data banks and a large control panel, and in charge of all this is your Subconscious, your Silent Witness, and who you will picture as your Silent Night Magician. You'll envision her/him dressed as you are dressed during your rituals in full Night Magick regalia. It is here, in this room, on the Isle of your Silent Magician located in the Mental Realm, that you will go to speak with your Silent Magician. Before you can communicate with Her or Him, let's first look at the language you must communicate in. There is a special

way that you must talk to your Silent Magician in order for Her/Him to understand you correctly. You know S/he can not reason nor is S/he able to be logical. S/he can not discern between Truth or untruth. So the Silent Magician takes everything you say very literal. So when you talk to your Silent Magician, you must use the most simple, direct, and plain language.
You do not want to say anything which has a double meaning. For example, if you want to find out where your lost ring is, and you ask Her/Him if S/he knows if the ring is in the sink drain, the Silent Magician will answer, Yes!
Yes, S/he does know if it is there or not, but that doesn't mean it is there.
Ask Her/Him a direct question, "Is the ring in the sink drain of the kitchen?" Now that you have the preliminaries over with, its time for you to get down to the actual business of communion with your Silent Magician.

To begin with, go into your Magician's Study and lie down and relax. Do some Night Breathing and get very comfortable. Now, envision the control room in your mind, where your Silent Magician is located. And once again, picture your Silent Magician at work. Now call out Her/His name. What's Her/His name?

You're going to have to give Her/Him a very personal name similar to the one you selected as your Night Name. This is a name that only you will know. You're not going to tell anyone else the name of your Silent Magician. Now, picturing very strongly your Magician at work, call out Her/His new name. A proper way of doing such would be to say, "You who are my Subconscious Mind and Silent Magician and Friend, I give you the name of _____ ." Say this at least three times. Then go on to say to, "when I call out your name you will please listen to me. I want you and me to be partners and friends for this will benefit both of us. I want you to help me in all that I do. I want this in all sincerity and honesty." Say this also three times. You must do this three times a day. You must grow use to saying and doing this and thinking of your Subconscious as a friend and ally. Know that when you have the attention of your Subconscious Mind, that you are without limitation.

The Silent Magician is all powerful and all knowing. S/He can be a tremendous

ally. For now, this is all you should do. Just get acquainted with your Silent Magician and gain Her/His trust. You should always be truthful and straightforward with your Silent Friend. You, in your own right, are mentally strong and you are only a small fraction of your full potential. Imagine what would be your mental ability and the power of your thoughts, if you could increase them eleven fold. This can be, if you will tie in with your Silent Magician. Your ally on Earth. As you have seen, your Subconscious is unique. Even though S/he can not reason or be logical, S/he can do all that you can do. S/He can do all you can do only eleven times greater. It is the seat of total memory. By reaching Her/Him, and convincing Her/Him that you need Her/Him, S/he will release information to you that you are unaware of, about yourself. S/he can correct wrongs with you such as, habits that you would like to be rid of, and can increase such things as your memory retention if you will work with Her/Him. You can also go direct to your Oversoul by gaining your Silent Magician's trust and aid.

The Subconscious will be glad to go direct to your Oversoul for you if S/he truly sees the need. You must convince Her/Him of your sincerity and trustworthiness. You will be cooperating with your Silent Magician in the use of self-hypnosis, the pendulum, crystal, psychometry, and telepathy. So work hard on reaching your Silent Magician and developing the close rapport needed in your work as a Night Magician. Your first joint undertaking, between you and your Silent Friend, is the practice of self- hypnosis.

34. Hypnotism and Self

In classical mythology, Hypnos was the god of sleep. He was the brother of Thanatos and the son of Erebus and Nyx. The word, hypnotism, is taken from the greek word, "hypnoein", which means, "to put to sleep". So you can see that hypnotism must have something to do with sleep, right? Actually, it doesn't have anything to do with sleep, except that when a person is in a hypnotic state of consciousness, s/he may appear to be sleeping. What then is hypnosis?

In the state of hypnosis, you are extremely vulnerable to suggestions. For example, if you are told that when you put your hand in a vat of water and will feel a pleasant warmth, then this will be so. Even if the water in the

tub is very, very cold. That doesn't mean that your hand won't be cold, but as far as your physical consciousness is concerned, the hand feels warmth from the cold water. How can this be? You're going to examine that very question in-depth and go on to learn some good uses for hypnotism and also the dangers of hypnotism. Lastly, you are going to learn how to induce self-hypnosis and the reasons for doing so. First though, let's see how hypnosis works.

To begin your investigation, you're going to examine the technique of a hypnotist at work. For in studying how a hypnotist works, you will be able to gain an insight into how hypnosis works. The hypnotist first needs a subject and that is going to be you. The hypnotist will then stand in front of you and s/he will suspend some shiny object and ask you to concentrate on the object. As you continue to concentrate, the hypnotist will begin the first of her/his suggestions to you; you are starting to feel drowsy. Next, s/he will tell you that your eyelids are starting to feel heavy. You can see already that from just trying to concentrate on the object that you will start to feel eye fatigue. And because your eyes are starting to feel tired, you already are beginning to trust the suggestions of the hypnotist. As the process continues, you will start to fall into an altered state of awareness.
When the hypnotist has you deeply relaxed, s/he will continue with further suggestions. For example, s/he will then ask you to raise your right arm straight out in front of you. Then s/he will tell you that your arm is starting to feel very heavy and that you can hardly hold it up. Well, it's obvious that the hypnotist is requesting you to do things and then makes suggestions which corresponds with what you are feeling. But in all of this, there is a very real purpose, and that is for you to believe in the hypnotist.
You are starting to trust the hypnotist and believe that whatever s/he tells you is going to occur. But actually, there is much more to it then just your outer conscious belief in the hypnotist.

Here, you rejoin your new friend, the Silent Magician, for the explanation.
What the hypnotist has been doing is breaching the energy screen that is between you and your Silent Friend. The hypnotist has actually been working on the Subconscious Mind with her/his suggestions and gaining Her/His trust.

When the hypnotist has convinced the Silent Magician that whatever s/he says is going to happen, then you are truly hypnotised. You will remember from the last topic, that your Subconscious is unable to discern between the Truth and untruth. They are not able to reason. So as you, the physical consciousness, trusted the hypnotist and began to believe in her/him, so the Subconscious Mind will too. The hypnotist, in convincing you with her/his simple suggestions has caused you to lower the energy screen between you and your Subconscious. Once this screen was lowered, the hypnotist is directly working with your Subconscious Mind. All that s/he now tells you, your Silent Magician will believe and comply with. If s/he tells you when you look at an object, that you will not be able to see it, then to your physical consciousness, the object will not be there. This is hypnosis. Hypnosis can be a real benefit to humankind, but it can also be a real danger. There have been some valuable uses for hypnosis in today's society. Medically they have used hypnosis in some cases as a substitute for anesthetic. Thereby eliminating the dangers of having to anesthetize someone. The police have used it to hypnotize a crime victim, or witness, in order to draw out of the Subconscious Mind greater details of a crime, and so, possibly leading to the capture of the criminals. These are some very positive uses for hypnosis.

Hypnosis can be a very dangerous subject. You should under no circumstances allow yourself to be placed under hypnosis by someone you do not fully trust.

Nor should you undergo hypnosis for fun and games. Hypnosis is a serious business. When you undergo hypnosis, you surrender your Subconscious Mind, out of the Hands of your Oversoul, and into the hands of the hypnotist. As you can see, this can lead to some serious consequences for you, if you are in the wrong hands. Let your imagination conjure up the harm that can be done to you by the hypnotist. So let this be warning enough, DO NOT BE HYPNOTIZED, unless you are absolutely sure of the hypnotist and why you are being hypnotized. How can you get around the hypnotist?

You can circumvent her/him by using self-hypnosis. You are going to be the

hypnotist. For sure, I can think of no better hypnotist then you, once you are properly trained. There are many reasons why you might want to use self-hypnosis. If you have ever wanted to stop smoking; to improve your memory; to stop a bad habit; to develop particular traits within yourself, for example, patience and calmness; then you will want to try self-hypnosis. For some, a big reason would be to lose weight. The possibilities are endless. When you tell your Silent Magician, in self-hypnosis, what you want, then you will see it occur in yourself. But be sure, if you are trying to give up something, that you truly want to give it up. Otherwise you won't be able to do it. As you begin to learn the techniques for self-hypnosis, you should be in reasonably good health. If you are in good health, then let's begin. You will practice this in your Magician's Study insuring that the room is free from intrusion by others and without drafts. The room should be reasonably dark. Once all your room preparations have been made, then you should lay down on something comfortable. Now you are going to practice the complete body relaxation that you practiced in preparation for Night Projection. If you go through the same motions that you did in that topic, then you will have achieved the proper state of relaxation. To quickly recount what you did; you began thinking of your toes and erasing all tension in them. Then you went up the leg and did this for both legs. You worked on every part of your body achieving the fullest relaxation possible. This is what you want here. Now, practice some Night Breathing and deepen the relaxation. While you are breathing, just let your thoughts float on your breath. The key is to relax deeply. Now to contact your Silent Magician.

Pull your thoughts together and concentrate your gaze upon a point somewhere on the ceiling above you. This point should be at such an angle that it causes slight eye strain. Now, as you continue to stare, you will begin to feel eye strain. When you can feel this, you should then tell yourself, aloud, that when you count beginning from ten and reach one, you are going to close your eyes and be unable to open them. So let's do it.

"I am going to count from ten to one and when I reach one my eyes will close because they have become very tired. Ten, my eyes are starting to feel

tired; nine, my eyes are becoming much more tired and I am beginning to feel like closing them; eight, my eyes are starting to become very tired; seven-six, my eyelids are becoming very heavy; five-four, my eyes are so tired that I have to close them; three, I can no longer keep my eyes open and feel a real need to close them; two, my eyes are so tired they will no longer stay open; one, my eyes have shut."

Your eyes should shut automatically, even if your eyes should not close do not worry. Go ahead and close them anyway for what you are doing is setting up an automatic reaction, within yourself, when you do this. Now that you have your eyes closed, let's continue with self- hypnosis.

You are going to visualize your Silent Magician and you are going to say outloud the following:

"I am going to count from ten to one and when I reach one I'm going to be in a deep state of self- hypnosis. I'm going to be alert and fully conscious and my Friend is going to respond to all I say to her/him and comply with my desires. Ten, I am becoming very relaxed and my body is starting to feel very heavy; nine, my body is feeling heavy and my spirit is lightly floating within my body; eight-seven, I am becoming deeply relaxed and slowly entering into trance; six-five, I am now in trance yet alert and fully conscious; four-three, I am going deeper and deeper into trance; two, I am reaching the deepest state of trance every before achieved; one, I am completely in trance yet fully alert and conscious. State name of your Silent Magician please listen to me and do what I ask for."

Now is the time to make known to your Silent Friend all that you want her/him to do. Let's give Her/Him, though, only one thing per session. You are going to practice the entire technique, as outlined previously, for the first few times, until you can do it correctly and easily. Then you will condense the relaxation and self-hypnosis state into one happening.

You are going to say to yourself that when you count to one, you are going to achieve a complete state of relaxation and self-hypnosis. That you are going

to be fully alert and know what's going on and that you are going to be able to direct your Silent Witness to do as you ask. The relaxation and self-hypnosis state should come easily, for it should now have become an automatic reaction. Do not have any fear of coming out of this state of self-hypnosis for it will happen automatically. Through self-hypnosis you can correct faults within yourself, or implant qualities that you would like to acquire. Through regular practice you can achieve this. This is serious business and should be approached as such. Self-hypnosis will achieve for you all that you desire, and you know that you're in safe hands, your own!
Your Silent Magician will also be your partner and friend in your use of the Night Magician's Pendulum.

35. A Night Magician's Pendulum

On a dark green hill, encircled by gardens of flowers, immense old trees, fountains, and set against a starlit night sky we find the cave entrance to the cavern home of the Night Magician. A home dedicated to the ancient practice and knowledge of Night Magick. A home that is as ageless as the stars that it is dedicated to. As we enter this beautiful home, through its ancient portal, we can see into the Magician's Study and find the Ancient One, busy in observation of the stars through a cavern window. We continue to enter, very quietly so as not to disturb the Old One, when suddenly we are startled by the resounding chimes of a huge grandfather clock, in its act of proclaiming the hour of the night. The most striking thing about the clock is its beautiful, ornate brass pendulum. The pendulum swings side-to-side ticking away the hours. We all know that the pendulum is set so that time is measured out with the greatest of accuracy. But the pendulum is not just for telling time. The pendulum is also a valuable tool for the Night Magician.
So let's leave the Old One and move to your Magician's Study to take up the study of the Night Magician's Pendulum.

Your pendulum is not going to be as ornate and beautiful as the one you just observed at the Magician's home, but it is based upon the same principle. The pendulum is made up of a long arm with a weight suspended on the end. The pendulum you will use is simple to make. You will want to construct at least two pendulums.

One will require a string at least forty-eight inches long, and the other about twelve inches long. A strong sewing thread will serve very well as the material from which to make the string. The weight you use can be made of a variety of things. The weight can be made of a round ball, about one inch in diameter, and constructed of wood, plastic, glass, or a neutral metal. You should have pendulums on hand made up of a variety of the materials just listed. You can also use a simple ring as a weight. Another very simple weight you can construct will require an unused pencil and sewing needle. Put the point of the needle through the top of the eraser, so that the needle will remain attached to the pencil. Then, put the thread through the eye of the needle and tie it off, and so, you have the complete pendulum. Once you have made, or acquired, your pendulums, what are you going to use them for?

Your pendulum will answer questions that range across the entire spectrum of your imagination. Have you lost a ring and want to find it? You could find missing people or a lost pet. The pendulum can answer questions you have concerning most any topic that you wish to pursue. But how can it do this?

For part of the answer you must look to your old friend, the Silent Magician. The pendulum is an instrument, used by the Silent Magician, to give you the answers to the questions that you put to Her/Him. In review, you will remember that your Silent Friend is very brilliant and there is very little that s/he does not know, or cannot find out, since They are in direct contact with all other Silent Magicians. You will remember that your entire body has an electrical field which completely surrounds it. When you have the pendulum suspended from your hand and ask your Magician a question, s/he alters the electrical field of your body. That field also surrounds the pendulum and causes it to move. The pendulum's movement has been set in a certain pattern to indicate Yes or No. The Silent Magician is not the only one who can alter the movement of the pendulum. Any resident of the higher realms can also alter your electrical field, and so the movement of the pendulum, if they know how. As a rule, the entity working with you, and through the pendulum,

requires some time before they really can manipulate the pendulum well. So not only can you receive information from your Silent Magician but also your Guides and Teacher. Before studying the mechanics of how to use the pendulum, you must prepare yourself to use the pendulum.

The how-to of self-preparation is relatively simple to state, but often hard to achieve. You begin by being sure your hands and body are clean, otherwise this will interfere with your body electricity. You must have a calm and receptive mind. Your mind must be in a relaxed state and without nervous tension and fears. Your mind must be prepared to concentrate on only one thing, and that is what you are trying to answer. Your mental attitude must be a serious one when you approach this lore. If you have achieved this self-preparation in mind and body, then you're ready to begin learning how to use your Magician's Pendulum.

First, you will prepare your Magician's Study for the use of the pendulum. Be sure the room will be free from interruptions. Then erect a table to work on that is made up of only a hard top surface and four legs. Nothing should be under the table for this will interfere with the reception of the proper answer. In all cases, you will want to have blank, clean, unused, white sheets of paper.

The standard, eleven by eight white typing paper will be fine. This is the paper over which you are going to suspend your pendulum. On the paper, you are going to draw in the center a large plus sign(+). At the top and bottom of the paper, you are going to write the word, YES. On the right and left sides of the paper, you are going to write the word, NO. You will use a new sheet marked in this way for each set of questions asked pertaining to a certain area of examination. Please be sure and use a fresh sheet for each set of questions asked, for when questions are asked, the paper becomes saturated with the impressions from those questions, and these impressions will interfere with any other set of questions asked. To begin, you must formulate the questions you are going to ask.

For example, where is my lost gold ring? The question must be simple, clear, concise, and unambiguous. Then you must invoke the Night Pillar around yourself and your Magician's Study or the place you're working in. If you

don't do this, then any force may use the pendulum and cause misleading answers. After this, you'll take the short stringed pendulum, between your hands, and concentrate on the Night Force around you. Then ask the question three times. Then, take the string of the pendulum and wrap it around the first or second finger of the right hand, if you are right handed; left hand if you are left handed, such that when you rest your elbow on the table, the weight of the pendulum is about an inch above the paper and suspended over the plus sign. Then, begin asking if the ring is in the kitchen sink, and so on. You can tell when the pendulum is answering you, because it will swing with purpose. Be sure and wait between each question, till the pendulum answers. If the pendulum makes a circling motion, this indicates uncertainty. Either the force guiding the pendulum doesn't know, the question is ambiguous, or they refuse to answer the question. Try asking the question in a more precise and clear way, and if there is still uncertainty, go on to another question. If you ask a question that involves a geographical answer, then you will need a map. If the search area involves a large area, use a map of small scale. This is a map which covers a large area of land on a small amount of map area. Then, when you have found a more precise location, use a larger scale map to get a pinpoint location. In order for you to use the map, place it on the left side, and the plus marked paper on the right. Take the pendulum over the map area and ask it to reveal the location of what you're looking for. Then hold the pendulum over the white sheet of paper as before, and as you ask your question, you'll move your left forefinger slowly over the map area. The pendulum will swing in the positive direction when you have reached the right area. This completes the instruction on the use of the pendulum, indoors. It takes practice to gain mastery over the use of the pendulum. You must be sure and use simple language and concentrate strongly on the question you want answered. Perhaps you've seen, or even used, some form of dowsing rod to locate water.

The dowsing rod works on the very same principles as the pendulum. For uniformity, and familiarity, you are going to use the pendulum outdoors in

locating not only water, if that is what you want, but anything else you desire. For this method, you will now need your longer stringed pendulum.

To start with, you must prepare the pendulum for your use. Let's say you want to find gold. Then you will need to place in, or on the weight of the pendulum, a sample of gold. This can be as small as a flake, but it must be pure gold. Further, you must put under your feet another piece of gold. The gold must be pure, so for example, if you use your wedding ring be sure it is solid, pure gold. Then, with your pendulum in the correct hand, you will again ask your Silent Magician or Guides to find gold for you. Then, loosely holding the string in the proper hand, slowly lower the weight towards the ground until it swings in a definite circular motion. You will need to experiment with the proper length of string, until you get just the right length which gives you the best circular motion. At this point, you should mark the string with a knot, and color code it, and record it for future reference. You can apply this same technique to anything that you want to find. You should take the time to prepare your pendulum for all the things that you will want to find. In all that you do with the Night Magician's Pendulum, you should remember certain key things in its proper use.

You should remember that in talking with your Silent Friend, you want to use the simplest and most direct language, and to repeat it at least three times. You should always remind your Friend that you need Her/Him, because what you ask Her/Him to do for you, S/he does for Her/Himself, too; that you are One in Thought and Purpose. So be sure, that whatever you decide to do, that it is in agreement with your inner beliefs. If you try to use it for something you know to be wrong, then your Silent Friend will stop working with you and that will be the end of your growth. At the end of each set of questions, be sure and thank your Silent Magician for the aid that S/he has provided. Appreciation and respect, go a long way in your successful use of the Night Magician's Pendulum. Remember, that the pendulum is for your use alone. Never allow anyone else to use or touch your personal pendulum. You can use the pendulum to help others find answers to their questions but they should never use your pendulum to do so, you will use it for them. Most of all, you

should go into this practice with the most serious of attitudes towards it.
Your frame of mind can mean the difference between success and failure. Everything you do to get closer with your Silent Magician, Guides, and Teacher, and to make them your unfailing allies in all that you do, will bring mastery into your life here, and hereafter. The pendulum is the first
of your new Magician's Tools to be acquired in Air Magick, and now you are to
acquire your second tool, the Night Magician's Crystal Globe. 36. A Night Magician's Crystal Globe

You will remember that when you were in the Night Magician's cave last, you
found the Old One busily engaged in the observation of the stars. Let's return to the Magician's cavern home and see if the Ancient One has begun some new practice from which you can observe and learn.

As you quietly enter the home, you have the feeling that you must go to the
study. As you move into the study, you find the Ancient One sitting on the
floor in an apparent state of deep meditation. You find that the room is very dark and that it is taking your eyes some time to adjust to the darkness. As you continue to observe the Magician, you suddenly become aware
that more then just meditation is taking place. You can now see that the Wise One is gazing into a sphere of apparent nothingness. To your vision, there appears to be a hole of darkness into which the Magician seems to be
gazing. You move closer to get a better view of what this phenomena is. You
can now see that this sphere of emptiness is composed of what appears to be a
clear substance. Suddenly, it dawns upon you that you are observing the Magician in the act of Crystal Gazing. Now you know this is what you are going to learn to do. Let's begin your instruction then with an in-depth examination of the Crystal the Ancient One was using.

The Crystal is spherical in shape and was so clear that there appeared to be
nothing there in the darkness. Due to the clarity of the Crystal Globe, no
reflection of light could be observed to give it depth. The Crystal Globe,
that the Magician is using, is without flaw. If there were flaws in the Crystal then what light was available would cast reflections off these flaws
and disturb the Magician's gazing. When the Magician gazes into the Crystal
Globe it is like looking into a deep globe of nothingness. If you were to visit a store in order to purchase a Crystal Globe or even one of glass, you
would find that a perfectly flawless one is very expensive. So for your

purposes, you are going to use a crystal hollow globe with a hole in the top.

I indicated you should use crystal but glass will also do. The hollow globe should be as round as possible. The surface of the globe should be without flaws or markings. The globe should be about six inches in diameter. A similar globe is often sold as a fish bowl. It should be able to sit on a flat surface. If you have now purchased this Crystal Globe, then let's go on to prepare the gazing area.

Arrange your Magician's Study so that you can be seated comfortably on the floor, and in front of you, you should have your small Night Altar of about eighteen inches in height. There should be no strain on the back or shoulder muscles. If there is then adjust the height of the table. It is not absolutely necessary that you sit on the floor, for you can sit in a chair as long as you can see directly into the globe and it is within easy reach. Cover the table with a dark blue or black cloth. You must insure that almost all light has been eliminated from the room.

Be sure you are clean and have washed your hands before ever touching the globe. You must clean the globe, without soap, before filling it with water. Clean the globe under running water and hold the globe with a cloth and dry it before filling it. Never allow direct light to fall on the globe. Keep the globe in a safe place and wrapped in a dark cloth. Never allow the curious to touch the globe. After you have placed the globe on the table then fill it with water. Fill it all the way to the rim so that the globe appears to be solid. This takes care of your study preparation but you mustn't forget self-preparation.

Be sure you are in good health. Before you begin this exercise, you must be in a good mental state. Your mind should be calm and as free from worry as possible. Be sure that you have been eating sensibly and don't eat a big meal just before commencing to use the globe. Now you are ready to begin using the Crystal Globe.

Be seated comfortably and place the Night Pillar around you. You must practice Night Breathing for a few minutes in order to become more relaxed. Then place your hands on the bottom sides of the globe. Your hands should be

in direct contact with the glass. Gaze lightly upon the globe. Do not begin with a fixed and concentrated gaze. Look at a point somewhere inside the globe and relax. Do not try to see anything. As you continue to gaze, you will see the globe start to cloud up with a whitish appearance. This is excellent and exactly what you want. You should continue to gaze, and the cloudiness will disappear, and you will begin to see. You may even feel a slight falling sensation so don't be startled, or you will have to try another evening, which by the way is the best time to practice this. There are three types of seeing that may occur.

You may actually see as if you were watching television. That is, you may see pictures and events occurring. Next, you may only see symbols. These are pictures which represent events or happenings. Finally, you may only receive impressions. You may only receive feelings and thoughts as to what is trying to be communicated to you. Whatever you receive, through the use of the Crystal Globe is a true achievement. You are successful, whether you see pictures, symbols, or impressions. In the beginning, you may encounter some difficulty in achieving any results.

You should only begin by gazing for about fifteen minutes at the most. By the end of the week, you should have extended that time to about thirty minutes. This is all that is recommended when you are first beginning. In the beginning, you will see only things that pertain to you alone. As you begin to see more clearly and easily, you should begin to direct the Crystal in what you want to see. As you first touch the globe and relax, concentrate a mental thought at the Crystal and tell it what it is you want to see. Eventually, you will gain control over the Crystal and be able to direct it at whatever it is you are interested in knowing. You can also use the Crystal Globe to give others a reading.

To do this, you will go through the very same setup procedures. Then before you actually touch the globe, direct the individual who desires the reading, to touch the globe and concentrate on what s/he wants to know about. You should also warn them, in advance, not to say anything that will disturb you while you are gazing and giving her/him their reading. Then, you will take

over control of the Crystal and gaze upon it as you would for yourself, and
give what you see.

In all cases, when you are through using the Crystal Globe, you will again rinse the globe and dry it off before putting it away. The Crystal Globe works by focusing and concentrating the clairvoyant energies from your Night
Eye Center. The Crystal Globe is an extension of your Night Eye. The globe,
as with your own personal clairvoyance, is able to do many things.

The globe can help you look into the past, present, and future. It can help
you look into any matter which concerns you and to see all sides of the matter under discernment. You can go anywhere at anytime and see all that
you wish to see.

You must know that you are going to succeed each time you use the Crystal. Even if you don't succeed, you must not become discouraged. Every attempt at
using the Crystal Globe leads you one step closer to success. You should have the attitude of a very personal commitment to the Crystal Globe. Always
treat it with the utmost respect. The entire business of crystal gazing is
very serious business and should be treated as such if you are going to succeed at it. Your next subject is also a form of seeing. Only instead of
using the eyes to see with, you are going to use your hands.

37. Psychometry

Psychometry is the development of your clairaudient faculties in relation to
your sense of touch. By psychometry, you are going to be able to pickup an
object and know its origin and history. If the object ever belonged to someone, then you will receive the thoughts and feelings of that individual.
Psychometry is related to your clairaudient faculties. Let's see how?

As you will recall, clairaudience is related to your fifth Night Center which
is located at the throat level. As your Night Center begins to grow and develop, you develop the sense, in part, of being able to perceive sound from
the Night Realm. You can hear in a sense, the voice of the Night Spirit and
even the so called "Music of the Night Spheres". All of this is the attunement to, and perception of, higher vibration. An extension of your clairaudient ability is the perception of an object's vibration through touch. Your left hand, if you are right handed, is the sensitive hand to

magickal vibration. All things, of all types of nature, have a personal vibration. That vibration is composed of the entire history and nature peculiar to that object. Your clairaudient faculty is able to attune to that vibration and translate it into pictures, sounds, and/or feelings that you can perceive.

Psychometry has many practical applications. You can see actual history taking place by using objects that are related to a particular historical event. But remember, you will see history as it related to that particular object and its part in that history. You can view the origin of the planet through very ancient objects. In a more practical application, you could pickup a book and get the basic feeling of that book and what it is about, and then decide if you are going to like reading it or not. You can learn about the inner nature of individuals of interest to you by examining an object which belongs to them. For example, this could help you understand your employer better; why s/he expects certain things from you, her/his reasoning behind certain acts, and overall, help you to improve your working relationship with her/him. The possibilities are as endless as your imagination is fertile. How do you go about developing your clairaudient faculties in relation to psychometry?

To begin, let's look at the area of self-preparation. You are going to see a trend developing through self-preparation. As in the use of the Night Magician's Pendulum and Crystal Globe, you again need a clean body and hands, and a sound and tranquil state of mind. In review, I stated in topic thirty-two, "Power of Thought", that in all the exercises used to strengthen and train the mind, meditation was very important. Hopefully, you can see the reason for this and have been practicing it. Meditation builds for you a tranquil mind. If you have not been doing it, regularly, then get to it without fail. If you expect to achieve anything in the Night Magick, it must be done through a strong and tranquil mind. So much for self-preparation, now on to the mechanics of psychometry.

Hopefully, you have someone who is very sympathetic towards your magick and wishes to see you succeed in it. If so, get this person to pickup a smooth stone, and take that stone and wash it thoroughly, along with their hands. Then holding the stone in her/his left hand, allowing it to rest in their

open palm, ask them to concentrate on a single thought. This thought should be simple. For example, thinking of the color red. Have them concentrate for several minutes on this thought. Then, s/he should wrap the stone in a clean cloth and give it to you. Then take the stone with you and retire to your Magician's Study. Now lie down, relax, place the Night Pillar around you, do some Night Breathing, and place the stone in your clean, left hand. Let the stone rest in the palm of your open hand. Now you must allow your mind to be without thought and tranquil. Do not try to concentrate on the stone. Just relax and allow your mind to drift on nothingness. You may or may not feel a tingling in the palm of your hand. What you should receive is a feeling or impression, in this case, the color red. If not, then try moving the stone to your left temple and again relax. If you do not receive an impression do not be discouraged. It takes practice and perseverance to succeed. If you do not have someone who can help you, then you can try something else. The next time you receive a letter or bill, before you open it, retire to your room and go through the same procedures as just outlined above with the stone. As you receive the impressions, record them and then open the bill or letter and see if you're right. Remember, that many people will touch the letter or bill before it gets to you, and so their impressions will also be on it. This is psychometry.

You will receive impressions, feelings, or pictures from objects you touch. As your clairaudient faculties develop through practice, you will be able to see easier and much more extensively into the depths of an object's history. Practice and perseverance is the key to mastery. Not only in psychometry, but in all things as they relate to a Night Magician's life. Your next subject is something which has long been talked about, and yet not understood. You are going to learn to bridge the gap between your mind and another.

38. Telepathy

We have all heard the old phrase, "you must be reading my mind". The other

person seemed to know your thoughts in some way. This ability to know another's thoughts is telepathy. Telepathy is the ability to be able to transmit and/or receive thoughts from one person to another. You are going to learn how to do this and some of the possible uses, but first, you should learn how telepathy works.

In order to understand how telepathy works, you need to go back and re-examine the workings of the brain. The brain is an extraordinarily complex organ, and its physical workings are little understood. What is known about it, and the key to understanding how telepathy works, is that in the brain's functioning it generates electricity. This electricity is very fine and can be measured upon an electroencephalograph (EEG). Your brain emits high frequency waves upon which thought is carried. Your brain operates upon a certain frequency which is unique for each individual. When you can attune yourself to that frequency generated by the brain's electrical functioning then you can intercept and comprehend another's thought waves. As a radio can receive radio waves when tuned to the proper frequency, so can your brain receive thought waves from another person when properly attuned to them. Occasionally, a person is telepathic to another, unknowingly, because each is very close in frequency to the other. They seem to be able to know what the other is thinking constantly, and this is because of the close harmony between their personal frequencies. Couples who have been married for sometime grow close in harmony and each becomes attuned to the other's thoughts. You are not limited, though, to accidental telepathic reception.

You can learn to consciously tune in to anyone you desire. Thought wave attunement is achieved through the opening of your crown Night Center. Not only are you able to tune into other peoples' thoughts, but you are able to begin receiving direct communication with your Oversoul. To begin this awakening of your Crown Center, you must have begun to reach some mastery over the mental exercise in topic thirty-two. You must be achieving a strong and tranquil mind. If you are to practice telepathy, you are going to need someone who you can send thoughts to, and who will, in turn, transmit to you.

If you have such a person, then at a certain designated time each of you is going to retire to your Magician's Study, dim the lights, and try to eliminate all possible distractions.

One of you will have agreed, in advance, to be the transmitter and the other the receiver. People generate thoughts constantly, but they do this in such a scattered manner that the thought goes in all direction and carries little effect. You, though, are going to concentrate and direct your thought specifically at the receiver. As the transmitter, you will have prepared, in advance, a simple message or symbol to transmit. So lie down and become very relaxed. You must place the Night Pillar around you and practice Night Breathing for a few minutes. You should have in your hand a picture of the person you are going to transmit to. Spend a few moments thinking of this person and all the things that bring you both together. Then for about five to ten minutes, you will transmit the message. This completes the portion for the transmitter.

As the receiver, you also will lie or sit down and become very relaxed. Place the Night Pillar into action and practice Night Breathing for a few moments. You will need a picture of your transmitter and will be thinking of those things that draw you together in harmony. The you will allow your mind to become still and without thought. Just let go for about five to ten minutes and receive. Sound easy?

It will become so if you practice and do not become easily discouraged. After you have completed this exercise, you will certainly want to call each other and check the results. Don't become upset, though, if it did not work. Be positive, know it works, and in a short time, you will be able to do it, not only with your friend, but with anyone you meet. The uses for telepathy are numberless and important.

It would be great if you could transact business with another and know whether you were getting a good deal or not. You would always be able to stay in touch with your friends and know if there are ever any problems. If you had

a friend who was ever in trouble or danger, they could beam a thought to you, for help, and you could go to them. The possible uses for telepathy are endless. Make the most of them. As you continue to develop your telepathic abilities, and thus your seventh Night Center, the closer you will become to your Oversoul.

You have learned to use your mind for communication with other minds. Next, you will learn to use your mind to travel in the Mental Realm.

39. Mental Projection

You will recall, in Night Projection, you traveled in the Astral Realm in your Astral Body. So you can conclude, in Mental Projection, you will travel in the Mental Realm in your Mental Body. You can look upon Mental Projection as the "flight of the mind". It is with your mind that you will see and visit places, and find a universe open to your mental explorations. So let's begin this topic with a short flight, and view one of the many places that are open before you.

Ten, nine, eight, seven, six, five, four, three, two, one... and you have lift-off. You begin to climb through the sky, leaving the Earth far, far behind, and enter the darkness of deep space. You continue to travel at the speed of thought passing by planets and stars in the twinkle of an eye. In moments, you find yourself approaching the first planet in your journey. The planet's side you approach is enveloped in the darkness of night. As you approach it closer, you see, outlined in the light of a setting sun, a vast beach and cliffs upon which a great ocean touches, and whose waves gently caress it. Set in the side of the cliffs is a great door which you know leads to a vast city below the surface. You, mentally, beam a message asking to enter, where upon the great door opens and you find yourself moving rapidly through a long, lighted tunnel. Inside, you find a great city shrouded in the twilight of an artificial night. There are beautiful fountains and statues inside and buildings resembling those of Ancient Greece. By some unknown force, you are now led away from this city beneath the surface and find yourself leaving the planet far behind, and once again, traveling

through space. You soon approach your next destination, which is a planet that, at first, appears similar to the one you just left. As you grow closer, though, you see a culture much different then the last one. Here, the culture is very mechanized, and the citizenry live upon the surface. The dwellings are very rustic and blend naturally with the bareness of the planet. You continue to watch with fascination at the unique machinery and lifestyle of the people. You find, though, that you are starting to grow weary and feel a need to return to your origin. So you return to your body which you left far behind on the planet Earth. You think of your body, and its place on Earth, and the sensation of rapid movement, of flight, is upon you again. Pinpoints of light and matter, again, whisk past you with incredible speed. Then, you feel the slowing in movement, and the heaviness of your body, and ...Ten, nine, eight, seven, six, five, four, three, two, one.., you have arrived. So ends your short flight of the mind through time and space. Were you really there? Did you see the planets, buildings, and people?

The answer is a definite, Yes! There is no place or time period that you cannot visit in Mind. You can visit anyplace on your planet or see anyone. You can travel back into time or go forward into the realm of possibilities. As you have seen, you can travel to any planet, of any star system, of any galaxy. You can even travel into the various planes of the Magickal Realm. The only restraints to your traveling is your own magickal development.

Your own magickal development is the only limiting factor as to where you can travel. This applies to Night, as well as Mental Projection. You are allowed to see and visit those things which have an equal or lower vibration to your own. For example, each planet, in the universe, has a unique magickal vibration. In order for you to see and visit a planet, your own vibration must be equal or higher to it. Otherwise, you will be prevented from going there. Similarly, for you to visit a magickal level or plane, you must have an equal or higher vibration in relation to it. Of course, the solution to unlimited travel is a personal magickal vibration that allows you to go anywhere. Although there will always be magickal plateaus that you must strive for, you can develop magickally so that you are relatively

unrestricted in your magickal travels. How do you develop magickally?

The answer has been before you all along. You must follow the instruction outlined in this book. If you follow these instructions, live by the Will of your Oversoul within you, then your magickal growth will be both rapid and unending. Being Magickal is not being able to read minds or see in the Night Magician's Crystal Globe, but is based on living as the Oversoul on Earth. Telepathy, crystal gazing, and all that you are studying, is developing within you the necessary physical, emotional, mental, and magickal discipline that will aid you in living as the Oversoul on Earth. This, brings true magickal growth that will be with you forever and ever.

To practice Mental Projection, you must be physically fit and mentally sound. Your mind must be in a state of peace and relaxation. Your mind must be free of tension and worries and your body should be in good health, especially your heart. You do not have to wait for truly advance magickal growth in order to start traveling mentally. The only thing, as said before, is that your magickal development will limit those places that you can visit. As you continue to travel and grow magickally so will the places that you can visit grow in clarity, beauty, and magick. The "how-to" of Mental Projection is not that difficult. You must enter your Magician's Study and extinguish all light in the room. The room should be in almost total darkness. Then, you should be seated or lying down in a very comfortable and relaxed manner. You must place the Magician's Night Pillar around yourself and begin Night Breathing. You must achieve a very relaxed and calm state of body and mind. Once you have reached this state, you are ready to take flight with your mind. In Mental Projection, unlike Night Projection, you are not going to project a body in which your consciousness is going to travel. In Mental Projection, only your consciousness is going to be projected forth. Remember, your Mental Body is your consciousness. In Night Projection, you projected forth your Astral Body from your physical body, and in that Astral Body you placed your consciousness. In Mental Projection, all visual and emotional sensation will

center around the forehead of your physical body. It is from here, that you will project your formless Mental energies or consciousness.

To start with, you must visualize in your mind the place, person, and/or thing you wish to visit. Once you have in mind where you want to travel to, then you should imagine your mind doing the traveling and actually going there. See your formless Mental energies going forth to discover and see in the Mental Realm. You will feel your consciousness starting to travel forth into the Mental Realm. You will have visual impressions of your surroundings passing you by, just as if you were traveling in an airplane, only much faster. Then you'll begin to truly see your destination.

In the beginning, your visual images may be hazy and faint. But as you practice, the images will become clearer and take on color. While Mental Projecting, if you want to go somewhere else then where you're currently visiting, all you have to do is concentrate on the place you want to be, and with the speed of thought you will be there. Where your thoughts are, there you will be too. In no way, should you force Mental Projection. When you project, it must be from the area of the forehead. If you feel a swaying sensation from your entire body, then you are starting to project the Astral Body, rather then the Mental Body. Your conscious projection of the Mental Body must be from the forehead. You must center your conscious efforts to project from the area of the head. You should definitely know that it is your mind body that you do travel and see through. You are actually present in your Mental Body and can send magickal healing and power through it to any person, place, or thing as you feel the need. When you are ready to return, you should do so slowly and easily. You should see yourself returning the same way you went. As you begin to feel your physical body again, for while in traveling you will forget it, move the fingers and hands slowly. Next, you will concentrate on your breathing, and you will find the need to take a deep breath, for while traveling, your breathing has become very slow and shallow.
In all, return very slowly and you will prevent any harm to yourself, for returning too quickly can cause headaches and an "out-of-sorts" feeling. Mind Traveling is your key to unlimited new discoveries in life. You can visit

and stay in touch with friends and love ones far away. You can see cities, great libraries, countries, and places untold. You can go into space and discover new worlds and civilizations. Your past and future are open to your exploration. You can even explore the Magickal Realms and see the Magickal Leaders and Teachers of the world. At first, go easy in learning to use your mind to travel with. You must practice and be patient and the results are assured. Remember, Mental Projection is your means to worlds untold; the passport is your own magickal development. You have finally reached the topic that you waited so patiently for. So without further delay, let's learn how to create the world around and within you that you desire to have.

40. Creative Visualization

The Magick of Creative Visualization is awesome. There is absolutely nothing you cannot create into your world through Creative Visualization. There are examples of people who used the power of Creative Visualization throughout history. Look at the lives of Albert Einstein, Thomas Edison, and Leonardo Da Vinci. Look at the lives of Mozart, Beethoven, and Wagner. In all these lives and thousands more like them, they used their minds and a vision they held in their minds and created and changed the world. They created intuitively. You too can become like them by knowing how its done and then using it. The whole process is known as Creative Visualization.

Through this process, you will be able to create for yourself and others anything that you desire. Remember always to create within the laws of the Eternal Night Balance and the Silver Rule. As long as you follow these two principles there is absolutely nothing you cannot create into your world through Creative Visualization. The process of Creative Visualization is broken down into two basic parts, a.) Imagination and b.) Invocation. The process ends with the final results of c.) Materialization. So without further delay, let's begin with imagination.

a. Imagination

Imagination is a product of your mind. It is the ability of your mind to be able to visualize, picture, envision, or imagine situations and things. As a

kid, you used your imagination in playing house. You imagined yourself as either the father or mother and your toy dolls as your children. Your house was a big box that you got from the local appliance dealer that once contained a refrigerator or stove. Or remember the time you laid down on the soft, cool, green grass and looked up at the big, fluffy, white clouds on a warm summer day and imagined what this cloud or that looked like. Some looked like big elephants or dogs and others looked like planes. Remember? This is your imagination at work.

As an adult, you constantly use your imagination to imagine what an interview is going to be like with the new boss, or what an appointment with the dentist is going to feel like. If you have a birthday coming up, you try to imagine what gifts are going to be given to you and who will send cards. You constantly employ your imagination in your life. Your imagination is a very powerful force in your life. In fact, your imagination is the most powerful force in your life today. Disagree?

Well if you do, then let's look at some examples. Many will say that your will is the strongest force in your life but this can be easily disproved. In any contest between the will and the imagination, the imagination always wins. For example, let's take a catwalk high above the factory floor. The catwalk is only two feet wide and there are guard rails at waist height running the fifty foot length. Can you cross it in safety and ease? Sure, for you have the added safety measure of the guard rails. Now, let's take away the guard rails. Has your ease in crossing changed any? The catwalk is still quite wide enough to cross with ease but when you take away the guard rails, your imagination starts to go to work. You look at the long drop below and without the rails, you start to imagine what would happen if you slip. It will be hard to convince your imagination that you can cross without any danger. You find that you are truly scared at walking on a two-foot wide catwalk suspended one hundred feet in the air. If you attempt to force your will over your self, this will only create more tension, and begin to cause your body to shake and sweat to appear on your forehead, and you will be

totally unable to cross. Your imagination wins. Another example of how your imagination has been used as a powerful force in your life is the fear that many people have of a place called Hell.

Churches have long used the idea of Hell to keep people in line. In your imagination, you believe that if you are not good and do exactly what the church says, you will pay for it by going to a very, very hot, sulfurous, brimstone place, and there suffer eternal torment. If you truly believe this and have convinced your imagination of this, then you will not do any wrong if possible. Your imagination is even stronger then the sexual forces in your life.

It is in your imagination that a particular type of man or woman is attractive to you. Imagination must come first before the sexual forces can be activated. So, your imagination is dominant even over your love life. As you have just seen in these examples presented here, and many more that come to mind, the imagination is a very powerful force. Whatever you imagine to be true in your life, your imagination will insure that it is so in your life. If you feel that an unsupported walk will be very dangerous, then your imagination will conjure up the most dismal of pictures in your mind's eye, of you lying broken up on the floor far, far below. The idea, then, is to learn to use your imagination constructively. You must learn how to manipulate your imagination to achieve materialization. With your imagination, you are going to learn to imagine whatever it is that you desire to happen.

To begin with, you should have by this time become quite proficient at visualization. The hows of this was discussed in topic thirty-two, exercise four. If you haven't been doing this exercise, then refer back to it and begin doing so at once until proficiency is obtained. Whatever it is that you want to happen, you must first be able to visualize it. Once you have visualized it clearly in your mind's eye, then you must continue to add to the visualization using your imagination and give it substance. Let's begin with an easy example.

You want to create an apple. First, you would have already visualized the

apple itself. You have pictured, in your mind, a bright, beautiful apple.
Then with your imagination, you will continue to add substance to it by adding the color to its skin. Now, you have a bright, beautiful, red apple.
Then you will, in your imagination, see the insides of the apple, and how beautifully yellow they are. Then, go on remembering how delicious and sweet
they taste, and even how fragrant it smells. In your imagination, hold this
total picture of a bright, red, yellowish insides, sweet tasting and smelling
apple. This is how you will use your imagination in Creative Visualization.
But you don't have the apple yet, do you? You need something more then just
your imagination alone. You need the added ingredient of Invocation.

b. Invocation

You are probably asking yourself what I mean by Invocation. The very meaning
of the word tells you what is required next. Invocation is the act of calling
upon a deity or higher power for aid in accomplishing something. In Night
Magick you are going to invoke the aid of your Oversoul to complete the act
of Creative Visualization. It is your Oversoul who answers your invocation.
The Oversoul places into your world those things you desire to see in it.
There are no limitations placed upon what invocation can do when combined
with visualization and imagination. None! How do you invoke so that your
Oversoul will answer with action? First, you must have the attention of your
Oversoul. If you have been practicing meditation with dedication and
sincerity, then you will have been slowly opening the Crown Night Center or
your Portal to your Oversoul. In your practice of meditation and Night Magick
overall, you have been practicing a way of life that raises your magickal
vibration and that of your Oversoul, too. When you dedicate yourself to this
magickal way of life, your Oversoul then becomes directly involved in your
magickal growth. So, since you have been practicing meditation all along, you
know that your Oversoul is listening. To begin your invocation then, you
must establish that communications link with your Oversoul. You can do this
standing, sitting, or lying down, whichever you are most comfortable with.
Then, you will put the Night Pillar around yourself. You will need to use
your imagination and see yourself as the Living Oversoul. Envision yourself

dressed in a seamless, black garment glowing in intense magickal radiation.
You must see yourself as you would imagine your Oversoul must seem in Its Realm. That is, as an embodiment of Power and Glory unknown on Earth. You must go beyond just imagining yourself as the Oversoul on Earth. You must know that you are the Oversoul. That if you raise your vibration high enough, and know that you are the Oversoul, then your Oversoul will join you on Earth and will work with, and through you. At this point, you will start to feel an increase in heart rate and exhilaration unknown to you before. Through this, you will know your Oversoul is listening and is with you. Even if you don't feel this exhilaration, be assured, that your Oversoul is with you.
Then you can say your invocation to your Oversoul. There is a certain way that the invocation should he said. This is not like a typical prayer that you have been taught how to say. Your invocation is more a command and affirmation. The invocation should be based on the following example: "Darkest Oversoul which I AM, send your Yin Light and Energy through me. For I AM the Oversoul in Action here on Earth and live by Your Will alone. I AM commanding as Oversoul in Action here on Earth that your request be done. By the Oversoul's Will let it be done. So be it." You should repeat this invocation three times. If you do this with all sincerity and knowing that it will be done, then it will be done. The result of this invocation and your use of imagination is defined as Materialization.

c. Materialization

What is materialization? Materialization is the bringing forth into material or physical existence your desires. This is the ultimate goal of Creative Visualization. You want to bring into the material world your ideals. Can you achieve this materialization through invocation alone? No, you must have the combination of imagination and invocation together. One question that may come to your mind is where the apple, or anything that you are trying to create, materializing from?

When I speak of using your imagination to form the image of what it is you want, you are also using concentrated thought. You are building this image

first on the Mental Realm. As you continue the imaginative process, you continue to fill the image with your emotions or feelings about what it is and like to have. Thus, you continue to build it, and so, lower it into the Astral Realm. The object is actually materializing on both the Mental and Astral planes. Then, you employ your power of invocation, building or materializing it on both the Magickal and the Etheric planes. In the materialization of objects, this form, made up of condensed energy, will create the necessary events in order to manifest into your or another's world, depending on what it is you are trying to achieve. If you are of advanced magickal development, with a need of the object immediately, then physical matter will start to form around the energy form until you have the final material product. With your imagination and invocation, you are programming the energy form to materialize. The energy form will do whatever is necessary to bring about the creation. Let's return beck to the apple you were trying to materialize, and see the whole process through.

Remember, you were imagining a bright, red, yellowish insides, sweet tasting and smelling apple. You had used your imagination to such a point that you could almost smell and taste that apple. At that moment, you would go on to use invocation. You now see yourself as the Oversoul on Earth. You truly feel Its Power and Energy descend upon you and know that you are One. Now, you would insert in your invocation the image of your apple. From this, you would have your apple. Is the apple going to be right there in front of you, after you do all of this? That depends on you and your magickal development.
If you have reached the state of Night Consciousness, then YES, the apple will be there in front of you. For in Night Consciousness, you and the Oversoul are One. There is perfect communion and cooperation in all things.
In lesser magickal development, the apple would have been there, but only as low as the etherial state. But, what is in the etherial state of materialization will eventually have its material existence fulfilled. Somehow, and eventually, that bright, red apple will come into your life. Food is not the only thing that you can materialize.

There is no limit on the physical objects that you can materialize into your life, but more importantly, there is no limit to the physical happenings that

you can cause to exist. By physical happenings, I am referring to events or changes to occur in your or another's life. For example, you may want to become more like one of the Night Teachers. You would, then, first activate your imagination and begin to build the image of the Teacher you would like to become more like. Think of all the qualities and attributes held by that Teacher. What they look like? What mannerisms? Build the image very strong and then you will slowly start to see yourself taking on these magickal qualities. You should then bring in your invocation. You will ask your Oversoul to build within you, the qualities found in the Teacher. You should then continue this visualization over a long period of time. In other words, you must practice this visualization process many times, over a long period of time, in order to become fully like the Teacher. There is no way of knowing how long it will take to acquire these qualities. But as each day goes by, you will become more and more like your Night Teacher. The change will hardly be perceptible to you, but change you will. You can help build these qualities into other people. You can materialize in anyone, anything, through your imagination and invocation. Through Creative Visualization, you could achieve unlimited supply of the things you need on Earth and the Soul qualities you need in life to reach Night Consciousness. You have traveled to the end of your journey in Air Magick.

You began it, by visiting the dimension where the Great Ones live and bring into mental creation, what will soon thereafter become a physical discovery and invention. You have long been convinced, by now, of the great power of your thoughts, and the even greater power of your Friend, the Silent Magician. You have learned to bring improvements into your life through self- hypnosis. You have acquired new Night Magician Tools such as the Pendulum and Crystal Globe. You have learned to travel to anywhere, at anytime, through Mental Projection, and to invoke or communicate with your Oversoul. Best of all, you have learned to control the world around you and create as the Oversoul through Creative Visualization. You have come a long way on the road of Night Magick, but the road stretches out before you a bit

farther. You find yourself journeying on the last part of the Night Road and
entering the Night Realm.

CHAPTER VII

Night (Fire) Magick

41. The Night (Fire) Realm

Fire was the fourth element held sacred by the Ancient Magicians. Fire represents a Magickal Energy that transforms the lower nature into the Magickal. It was used in Magickal Alchemy to represent the transmuting agent
necessary to change ordinary metals or souls, into silver or the Oversoul.
It is symbolic of the Oversoul and the Night Forces, pouring forth into the
life of the Night Magician, changing the base elements into the Silver of the
Oversoul. This is the final realm into which you will enter for exploration.
It is the Realm of Magickal and Celestial Energies. In this topic, you will
explore the Night Realm, as the Land of the Perfected Night Magician. You
will learn of the different vibrational levels of the Night Realm. You will,
then, enter the Inner Night Realm found within you; and the purpose of this
chapter on Night Magick. If you are ready, let's discover the Night Realm.

This is a realm, that for many, even a glimpse of it is still far down the road. It is a realm of pure Night Power and Energy. It is a Realm of Pure
Night. The beauty of this realm, words can not describe. I made an attempt
earlier in the book to describe this realm, and could not even come close in
describing the Power and Energy found in this world. If, in your highest magickal imagination, you could envision a Magickal Realm of dazzling, silver, violet, and dark light, that fills every part of your being with a warmth and power beyond description, then you would have some idea of the Night Realm. If you could imagine a power that flows through you, giving to
you knowledge and wisdom beyond anything you know; to know yourself as timeless and eternal; then you would know the Night Realm. In the Night Realm, you would see each other as radiating Spheres of Eternal Night Energy,
outshining even your surroundings. As has been said before, you must strive
to reach this realm, for it is only then, when you see and experience it

yourself, will you truly know the Night Realm. The Night Realm is divided into numerous vibrational levels.

Each level is the home for Beings of compatible harmony and vibration. The Night Realm can be viewed as having basically two major levels. The higher region, I will refer to as the Celestial Night, and the lower as the Magickal Night.

The Celestial Night is the home, so to speak, of the Night Spirit. It is the region of the Night Spirit Power and Energy. Beyond this, very little can be said about this region. The concepts that make up this region go well beyond your understanding. Perhaps it is here, that I should discuss the concept of dimensions.

Referring back to the Astral Realm, you will remember that when you are in it, that you could do a great deal of things that you could not do on Earth. You could float in the air, conjure up a four course meal, build a house by thought, and could return to the lower level of Earth. In your Astral Body, you could go through Earthly walls and not be seen by people still in an Earthly Body. On Earth, you often refer to the physical plane as the third dimension, and you could, therefore, refer to the Astral Realm as the fourth. If you go to the next dimension, that is the fifth, you would have an even greater range of abilities and be governed by totally different concepts then those of the lower dimensions. With each higher dimension, the concepts that apply become more abstract and less understandable by those in lower dimensions. This is why the Celestial Region is far beyond your understanding. This region could be viewed as the twentieth or fiftieth dimension. It is well beyond comprehension. Then, there is the Magickal Region.

You could view it as the ninth or tenth dimension. So again, understanding of its composition and concepts is well beyond you. You do know that it is the home of your Oversoul. It is the place you know as the Realm of the Perfected Night Magician. It is the region of Magickal Wisdom. It is here that all ideas and prototypes are fixed and released into the lower

dimensions below and become manifest on each level. This is the dimension where you find the Causal Body.

The Magickal Region holds the vehicle through which you enter your Inner Night Realm. You enter the Inner Night Realm through your Causal Body. Your magickal nature is found summed in the Causal Body. All that you have ever done has gone into molding the Causal Body. The Causal Body is as inert and undeveloped as any other Body or vehicle in which you have had to find expression here on Earth. All that you have ever done, has gone towards refining the Causal or Magickal Body. You could liken the Causal Body to a treasure chest. It is here, that you store your Magickal Silver. Your Magickal Silver consisting of all the accomplishments and growth you have ever acquired while in existence. It is these things which activate and quicken the Magickal Body. It is through this Magickal Vehicle, that you are joined in Oneness with your Oversoul. It is the Oversoul's Magickal Body, as well as yours. This is why I have stressed to give so much energy to Night Magick. This is why I have stressed, so much, on the things that you must do to grow magickally. When the Causal Body is perfected then you join the Oversoul in Perfection and Energy. Then, you reach up and into the Consciousness of your Night Soul. This is why I have presented this chapter on Fire or Night Magick.

Through the practice of the information, exercises, and rites found in this chapter, you will greatly enhance the development of your Causal Body. Through hard effort, dedication, perseverance, and patience, you can achieve perfection of the Magickal Body. You will expand, refine, and fully develop your Magickal Body and the perfection of your Inner Nature. All that you will do, in this chapter, will directly effect your Oversoul. S/He will be your active Partner and Friend in your life. You will learn to give and apply magickal healing direct from the Oversoul within. You will learn the Night Rites, which will directly bring power and energy into your Inner Being and the world around you. You will learn how to use the Night Powers and Flames, and the great changes that you can bring into the world through them. There are other subjects that you will explore, and that will bring knowledge and

wisdom into your life from their study. This is your final chapter and will, perhaps, open up before you knowledge and power never before encountered. Remember, that in all you learn and practice, you must remain in the Energy and Will of your Oversoul.

Even though this is the final chapter, and you may have been sailing along in your education in Night Magick, and passing all the tests, remember, that your study and progress goes on forever into eternity. You will never stop learning and growing in Night Magick. Beyond this Earthly life, there is so much that awaits before you. So, practice Night Magick with dedication and perseverance and remain victorious on the road of Night Magick. Your first subject for discussion, in Fire Magick, is the Great Magickal Beings who are the Citizenry of the Magickal and Material Universe.

42. The Solar, Planetary, and Lunar Powers

It may come as a shock to you, but the Stars, Planets, and Moons that you look upon every day and night are indeed Great Magickal Entities. Descending from out of the Celestial Realm, they have chosen to incarnate into the Stars, Planets and Moons. Their magickal path is one of many advanced magickal paths, but it is a very important path. It is important, especially in regards to you, for it provides places upon which lesser souls may find development and magickal advancement. Humans are not, by any means, the only race in the universe. The Stars, Planets and Moons are, indeed, Conscious, Sentient Beings, each with their own personal natures. Under this topic, I am going to discuss each of these Inner Natures. I will begin with a discussion of the Solar Life. I will then discuss the Planetary and Lunar God/Goddesses, in general, and then discuss, specifically, the Inner Natures of each. Along with discussing their Inner Natures, I will also talk about the auric effect of each, upon you. If you are ready, then let's proceed to the Solar Force.

The visible Stars are inhabited by advanced beings following the Yang path of development. There is no doubt that physically we need the Sun in order to provide physical heat and act as a physical source for the positive solar

energy needed by living things on Earth. As a Night Magician you will become very sensitive to solar energy. As your depth in the Night proceeds you will need less and less of the solar energy. You want to be very careful not to receive too much sunlight and so become overcharged with solar force. This will definitely harm your magickal workings. I have been to places where the Night Force was so strong that it acted much like a polarized lens and filtered the harmful energy of the Sun from me. But these places are few and far between. If you wrap yourself tightly in your Night Pillar then you will greatly minimize the harmful effects of the Sun.

Within this system though because it is a Yin system there is also the Dark Sun. It is also called the Black Sun. The Black Sun absorbs too much Yang Energy and moves it to another time and place that is a Yang system. The Black Sun is the source of all Yin Energy in this Dark Solar System. It is the Parent Force to the Planetary and Lunar Deities. Let's examine this parenthood some more.

You will remember that every human being receives its Oversoul and Godsoul from a part of the great whole which is the Earth Goddess/God's Oversoul and Godsoul. In similar manner, the Planetary and Lunar Deities receive their Oversoul and Godsoul from the Dark Sun. So we have the Dark Sun as the sum of the whole, who then divides Its Eternal Self into smaller pieces who are the Planetary and Lunar Deities, and they in turn divide their sum into individual sparks which become encased in the material world. The Ancients knew, thou enshrouded in myth, that the Planets and Moons are the physical vehicles of very advanced beings. You are familiar with your own physical body and the other vehicles that make up your material being. You also know that you have an aura that is charged with emotions and thoughts. When you meet someone in the office, for example, and come within range of their aura, you often sense things about that person. If they are feeling uplifted, or angry and depressed, you can sense that about the person. You also have found that if you permit it, their aura may induce these same feelings in you. This is somewhat similar when we speak about the Planetary and Moon Spirits having bodies.

They do have bodies, and along with that, they also have an aura that is supercharged with emotions and thoughts that reflect the Inner Nature of their Being. Their bodies are enormous and so are their auras. Thus, the effect of these auras is far reaching. Yet, I want to say this: Humankind are foolish creatures when they allow the Stars, Planets, or Moons to rule their destiny. The effect of Their Auras may heighten the highest qualities in humankind but they do not rule humankind's destiny. Your destiny is in your own hands and the Hands of Your Oversoul. Remember this. Now what effects do these Great Ones have upon you.

When the Dark Sun runs strong through you, you find yourself filled with vitality and health. You are ambitious, proud, strong willed, and face life with great courage. You have a very strong and stable personality. You have a great drive and zest for life. You are a very independent and confidant soul. You are generally quick witted, perceptive, thoughtful, and considerate. These are the things that the Dark Sun can bring out in you. You will soon learn how to increase the power of the Dark Sun that runs through your veins. You will learn how to do this through the Night Rites. The Dark Sun does run through everyone, to some degree, but can be greatly intensified by practicing the Night Rites.